

From our Director,



There is no limit to the talent and ability of young people in our area who want to make a difference in their world. We know this because our programs provide meaningful opportunities for them to prove it. The C.A.T.C.H. (Concerned About Teens Can Help) program was created by Executive Director, Cheryl Biddle, so

that teens have another opportunity, in addition to C.A.T.S., to be part of the Alliance for Healthy Youth positive youth development strategy.

C.A.T.C.H. is a youth led peer support prevention program that is school based and designed to help students who are experiencing emotional or physical stress. Volunteer student helpers are selected by schools to complete 6-8 weeks of training in active listening .

C.A.T.C.H. members, who are available during the school day, are ready to listen to their peers who may be struggling due to a personal crisis, peer pressure, bullying, drug use or feelings of suicide. C.A.T.C.H. members develop character, competence and empathy while serving their struggling peers. Those being helped are self-identified and connect with a C.A.T.C.H. member who cares and a school staff member who will provide help.

C.A.T.C.H. program objectives are to increase peer support, increase self-worth, reduce depressive sadness, and decrease use of alcohol and other drugs. Kenmore-Garfield high school, Buchtel CLC high school and middle school as well as Firestone CLC programs are implemented and fully functioning. Matt Simon, C.A.T.C.H. Coordinator, has ten years of experience in education, a B.S. in Education and M.A. in Theological Studies. According to Matt, typically students express the desire to "help people." This is by far the most significant reason for joining C.A.T.C.H. on almost every application. They mention the desire to "solve problems," assist with those who "struggle," and "give advice." Program communication is enhanced through a text number and weekly Instagram posts. The C.A.T.C.H. logo was designed by Lucky Tisch at our invitation.

By helping their peers, C.A.T.C.H. members will learn that when they give, in turn they receive; understand the value of service, and have hope by learning that just one person can make a difference.

FY 2017-2018 Summary of Financial Statements

Income/Expenses		
Total Income:		\$528,430
Total Expenses:		\$536,670
Gain (loss) for the year:		(\$8,240)
Expense Breakdown		
Item	Amount	% of Expenses
Programs	\$456,151	85%
Administrative	\$74,891	14%
Fundraising	\$5,628	1%

(Fiscal year-ending June 30, 2018)

Program Services

WHO	WHAT	WHERE
MIDDLE SCHOOL CLASSROOM PROGRAM	RSVP (RESPONSIBLE SOCIAL VALUES PROGRAM) C.A.T.S. YOUTH LED PREVENTION FOR 8TH GRADE	PUBLIC, PRIVATE AND ALTERNATIVE SCHOOLS
HIGH SCHOOL CLASSROOM PROGRAMS	C.A.T.S. (CONCERNED ABOUT TEEN SUCCESS) C.A.T.S. CLUBS C.A.T.C.H. (CONCERNED ABOUT TEENS CAN HELP)	PUBLIC, PRIVATE AND ALTERNATIVE SCHOOLS
COMMUNITY EDUCATION PROGRAMS	RSVP PARENT MEETINGS	PUBLIC SCHOOLS

Serving our Community

October 2017 – September 2018
15,579 students served

School Districts Served:

Summit: Akron, Barberton, Copley-Fairlawn, Coventry, Cuyahoga Falls, Manchester, Stow-Munroe Falls, Tallmadge, Twinsburg, Woodridge.

Medina: Buckeye, Wadsworth.

Portage: Crestwood, Field, Kent, Ravenna, Waterloo.

Tuscarawas: Claymont, Garaway, New Philadelphia, Newcomerstown, Strasburg-Franklin, Tuscarawas

Private Schools Served: St. Vincent-St. Mary, Tuscarawas Central Catholic.

Contracted Schools: Belmont, Coshocton, Noble and Washington County school districts.

C.A.T.S. Members



Program Successes

RSVP Student Comments:

"What I like most about RSVP was the Game Show Video because I liked to see how someone's choices affected the future. My opinion has changed. I don't want the negative consequences of being a teen mom and I will be careful and think things through." (6th grade)

"What I liked most in RSVP was learning about how alcohol can damage your developing brain." (6th grade)

"Talking about puberty and getting to know more about it were my favorite things, and we got to play games! I now know to wait to have sex." (6th grade)

"I have learned a lot more about the risks of sex and what could happen or things you could get. Stay a virgin until marriage for both males and females." (8th grade)

"I like that we received this education while in school. I agree to remain a virgin until marriage." (8th grade)

RSVP Teacher Comments:

"This program is good for students because the students are faced with lots of peer pressure and opportunities to make wrong decisions. This is a great program for lots of reasons, but one of my favorites is the variety of resources and tools they use to promote healthy abstinent choices. After having this program, I am confident that my students have the skills on various ways to say 'no'." (7th grade)

"I am extremely satisfied with this program. Most of my students are misinformed. The knowledge and information given from this program will help them make better choices now and in the future. The students were able to ask questions and received answers to help them understand. They were fully focused and participated in an open, safe environment provided by the instructor. All of the students felt connected and valued. Being a teacher, I have very little time allowed to fully discuss sexual behavior in my curriculum. Having this program helps me cover a broader range of topics that are not covered in the curriculum." (7th grade)

"My students benefited from this program by learning that abstinence is freedom from drugs, tobacco, alcohol, STI's, and pregnancy. They also learned to value themselves enough to take care of you. The curriculum met Standard 2.2. Parenting Roles and Responsibilities. It also met Standard 5 Wellness Practices that Promote Healthy Lifestyles." (8th grade)

C.A.T.S. Student Comments:

"I agree with the program on Abstinence, I liked all the talks." (9th grade)

"My opinions have changed since the program and I better understand the importance of being safer and smarter in relationships." (10th grade)

"Hearing the program helped me realize what real life is about and helped me figure out more about peer pressures, the risk of drinking etc." (10th grade)

C.A.T.S. Teacher Comment:

"I like the program, I feel it helps all students and it helps the total health program." (9-12th grades)

YLP Student Comments:

"My opinions before the program have changed I didn't think Marijuana was harmful before." (7th grade)

"My opinions haven't really changed, because I have always wanted to stay from them due to prime examples in my life are addicts." (8th grade)

"My opinions on drugs have changed since the program because I thought they didn't hurt us as bad as they do adults. I would like to hear more about these topics." (8th grade)

"I have been taught that drugs were ok before, now I know they aren't ok." (8th grade)

"Before the program I didn't think that drugs and alcohol were that bad, now I know they are bad for you." (8th)

Board Members

Cheryl Biddle, Board Vice President
Alliance for Healthy Youth
Founder and Executive Director

Connie Hartzfeld, Board Secretary
Our Lady of the Elms, retired

Joan Sillasen, Board Treasurer
Rebuilding Together NEO

Mary Barnes, Board Trustee
Northwest Middle School, retired

Ying Liu, Board Trustee
Goodyear Tire & Rubber Company

Alliance for Healthy Youth

1815 W. Market Street
Suite 107
Akron, OH 44313

Phone: 330-864-1359
Fax: 330-864-1540
E-mail: Info@all4youth.org
www.all4youth.org
Visit Alliance for Healthy Youth on



Alliance for Healthy Youth
Annual Report FY 2017-2018
31 Years Serving the Community

Empowering
Encouraging
and Educating
youth to make and
keep healthy lifestyle
choices...



so that youth are equipped with
the knowledge and skills to
make decisions
and practice
behaviors that
enhance health
and wellness.

