

Serving our Community

October 2011 – October 2012
18,926 students served in 1,601 classes

School Districts Served:

Summit: Akron, Barberton, Copley-Fairlawn, Coventry, Cuyahoga Falls, Manchester, Norton, Springfield, Stow-Munroe Falls, Tallmadge, Twinsburg, Woodridge.

Medina: Brunswick, Buckeye, Wadsworth.

Portage: Crestwood, Field, Kent, Southeast, Waterloo.

Stark: Lake

Tuscarawas: Garaway, Indian Valley, New Philadelphia, Newcomerstown.

Private Schools Served:

Cuyahoga Valley Christian Academy, Our Lady of the Elms, St. Vincent-St. Mary.

Teacher Support

“For many students, this is the first time sex, alcohol, tobacco, STI’s, dating and drugs are brought up in a formal class setting. Students learned that sex, alcohol, drugs, tobacco and early dating can lead to unhealthy consequences which could affect them for the rest of their lives. I completely support RSVP and its philosophy...every school should have it, especially middle school.” (Middle school)

“My students benefited from factual education. RSVP dispelled myths and educated regarding puberty, dating violence, and boundaries. The most important lessons learned were that 70% of teens (15-17) aren’t having sex, abstinence is a possibility, warning signs of dating violence, and that it’s okay to ask adults questions about sex, drugs and life.” (Middle school)

Teacher Support Continued..

“The programs made my students take a look at their values and ideas about dating, relationships and their future choices concerning risk areas. It is difficult to pick just one lesson but hopefully my students learned that most teens are practicing abstinence and they will be in the majority if they choose the same option. I really like RSVP as it brings up many topics that parents may feel uncomfortable talking about with their teens.” (Middle school)

“I appreciate the C.A.T.S. topics discussed. Coming from their peers is so much more effective than coming from me.” (High school)

“Great job! C.A.T.S. is needed because it comes directly from their own age group.” (High school)

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Visit Alliance for Healthy Youth on



Alliance for Healthy Youth
Annual Report FY 2011-12
26 Years Serving the Community

*Empowering
Encouraging
and Educating
youth to make and keep
healthy lifestyle choices...*



*so that youth are equipped with the
knowledge and skills to make decisions
and practice behaviors
that enhance health and
wellness.*



From our Director,

Dear Friends and Neighbors,

Recently, I was at a high school with the C.A.T.S. program. During my visit, high-school student C.A.T.S. members were pushed out of their comfort zones to impact their generation with life-changing facts while modeling respect and self-determination.

At this high school were two second-generation C.A.T.S. members. Trey's mom was in the program. Sarah's dad was in the program.

Trey was a baby when I met him. His mom, Jen, rolled his stroller into our office and asked if she could help. We talked. Jen attended orientation and developed her presentation on her story...pregnant at 17, break ups with her boyfriend, high-risk pregnancy, premature birth of Trey, the incredible stress and cost of his long hospital stay. Jen was in C.A.T.S. a couple of years - years during which her decision to abstain from premarital sex and alcohol use was lived out especially in classrooms where she touched the lives of hundreds of students.

Sarah's dad was in the program for three years. His future wife (unbeknownst to him) saw him for the first time when he was in the C.A.T.S. program that visited her school. She had the advantage that most teens do not... actually knowing that he was waiting, as it turned out years later, for her!

Trey, Sarah, and other C.A.T.S. members are making a life-changing impact on their peers. Trey shares how smoking contributed to his grandpa's early death; Sarah helps students learn that love and infatuation are very different and that love (and sex) is worth waiting for. Trey's mom, Jen, is now on our staff.

Issues confronted by C.A.T.S. and RSVP impact over 18,000 students yearly. Sixty schools count on our programs to promote respect and healthy behaviors. The cultural current has increased demand for our programs that educate teens to make and keep healthy choices.

For the generations,

Cheryl Biddle

Founder and Executive Director

FY 2011 –12 Summary of Financial Statements

Income/Expenses		
Total Income:		\$143,813
Total Expenses:		\$163,350
Gain (loss) for the year:		(\$19,537)
Expense Breakdown		
Item	Amount	% of Expenses
Programs	\$156,951	96%
Administrative	\$6,399	.04%

(Fiscal year-ending June 30, 2012)

Program Success

From a 7th grade student:

"What I like about RSVP was the story you told us. Abstinence is a choice you make before it happens. Yes, I agreed with abstinence until marriage. No, my opinions did not change because I've already made the good decisions before and after RSVP. One way to be abstinent is think about the future, what would happen in later life if I did one of these risk areas. Nothing else needs to be covered in RSVP. I think I learned a lot already."

From high school students:

"Just because someone asks you to have sex doesn't mean that you have to agree to do it, no matter how much you like that person."

"I agreed with C.A.T.S. before their program - I made my mother get me a promise ring. C.A.T.S. made me happy I remain abstinent."

"I don't think abstinence is dumb any more."

"C.A.T.S. convinced me more to stay abstinent and not use drugs or alcohol."

Program Services



C.A.T.S. MEMBERS

WHO	WHAT	WHERE
MIDDLE SCHOOL CLASSROOMS	RSVP (RESPONSIBLE SOCIAL VALUES PROGRAM)	PUBLIC, PRIVATE AND ALTERNATIVE SCHOOLS
HIGH SCHOOL CLASSROOMS	C.A.T.S. (CONCERNED ABOUT TEEN SUCCESS) NEW DIMENSION	PUBLIC, PRIVATE AND ALTERNATIVE SCHOOLS
AFTER SCHOOL CLASSES	RESPONSIBLE SOCIAL VALUES PEERS	AKRON AFTER SCHOOL YOUTH-SERVING AGENCIES
COMMUNITY EDUCATION VENUES	OPEN HOUSES RSVP PARENT MEETINGS COMMUNITY EVENTS	PUBLIC AND PRIVATE SCHOOLS CHURCHES YOUTH-SERVING AGENCIES UNIVERSITIES